

BUSH TELEGRAPH

August 2007

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Vice Chair's Report

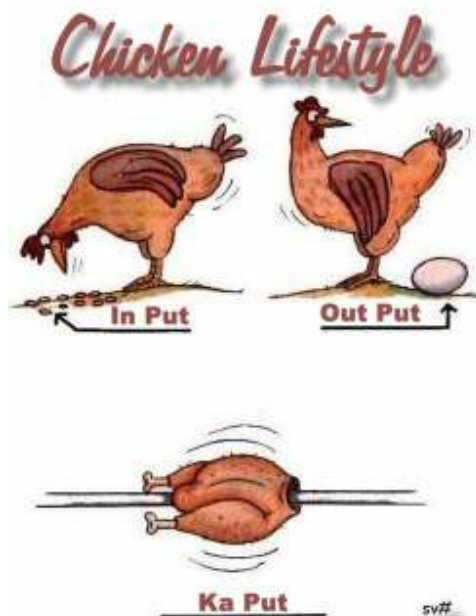
Let's start with wishing Hannes a speedy recovery after his surgery; we are very grateful all went well. Now we need to spare a thought for Rika who has to deal with a man with a Cruiser in the driveway, and doctors instructions to stay as still as possible. Ons dink aan jou Rika.

Ons het 'n paar terugslae beleef met die nuwe web - blad wat net nie aan die gang kon kom nie. Ons was in die hande van Gauteng se slim "IT" manne en dinge het net nie gebeur soos wat ons belowe is nie. Our website development is now being done by a local company and should be up and running soon.

Thanks to all who partook in recent club activities, the report backs and write-ups are elsewhere in the newsletter. Please make a note of upcoming events and support it, the committee members put a lot of hard work into these. If you forgot to book for the Southern Cape get – together in Oudshoorn, "maak 'n plan, die tyd is min"

I would like to invite you all to the braai at Lont Park at the end of August. We are looking at joining the Lont Park Sport club and your input and thoughts are needed in this regard.

That's me for now, cheers
Johan Westraadt



General notices :

1. It is the responsibility of each driver to have a first aid kit in his vehicle. Your first aid box contents should comply with the basic first aid rules. Use your discretion!! (if one of your family members' are allergic to bee stings, include anti-histamine) / *Dit is elke bestuurder se verantwoordelikheid om toe te sien dat hy 'n basiese noodhulp kassie in sy voertuig het. Volg die basiese noodhulp reëls en gebruik jou eie diskresie om die tassie bymekaar te sit (As enige van jou familieledede allergies is vir bysteke,onthou die anti-histamien):*
 - Disinfectant / *Ontsmettingsmiddel (Dettol)*
 - Anti-septic balm / *Antiseptiese salf (Betadine)*
 - Furex for burns / *vir brandwonde*
 - Anthisan for insect bites / *vir byt of steekplekke*
 - Plasters / *Pleisters*
 - Painkillers, headache tablets / *Pynpille , hoofpyn tablette*
 - Bandages, scissors, gauze, ens. / *Verbande, sker, gaas, ens.*
2. Echo 4x4 Link PE Closing

We have decided to close our outlet and I would like to notify the club members that as from Monday next week all items (Excluding trailers & rooftop tents) will be marked down by 20%. There are 2 National Luna fridge freezers included in the stockholding a 40 ltr and an 80 ltr.
3. Draagbare 29mhz radios is nie meer beskikbaar nie . Nuwe en 2de handse radios is beskikbaar. Kontak gerus vir William indien jy belangstel.
4. Ons versoek weereens alle lede om ons van fotos te voorsien. Dit is altyd lekker om jou eie voertuig in die nuusbrief te sien . Dankie aan Willie en Gillian vir al hulle fotos.
5. Ons benodig 2 couples om te help met Oosterland naweek - 6 en 7 Okt. Kontak asb. vir Willie of Henk.
6. Probeer asb om bring en braai 24 Aug by Londtpark by te woon. Ons wil graag so veel moontlik opinies oor moontlike klubhuis van lede hê .
7. We have to identify an Official Driver Trainer who normally would be one of the Run co-ordinators, unless we feel that it becomes a Specialist job and such a person be co-opted onto the Committee. Can I have your recommendations please. Thanks, Hannes.
8. One off our club members, Aubrey Higgs, are going on a trip and are looking for a couple or any 2 persons who love fishing to join him and his wife on the trip. The trip starts in the Okavango Swamps and ends in Central Kalahari . Trip starts 27th September2007 and ends 5th October. Please contact him on 0413744670 or 0828001476 should you be interested.

OUR CHILDREN MUST COMMEND US; **NOT CONDEMN US**

It is for some time now that the committee has felt it to be of cardinal importance that something must be done to illustrate the love that the club members have for the outdoors and their desire for the conservation thereof for their children. This commitment must be borne out by their actions. Something durable and of value should be put back into nature. Something that our children and children's children can experience and associate with our generation. These considerations led to the decision that a tree be planted on every run as a sign of the club's commitment. It must be an indigenous tree that following generations can enjoy and say: "Thanks old toppy, you left the world in a better state than you found it".

The committee was most fortunate in having John Swanepoel in their midst. Without hesitation he offered to obtain yellowwood trees at a very reasonable price.

"Thank you John".

Other types like milkwood and white stinkwood are also in the reckoning.

In practical terms it means:

1. The run co-ordinator will obtain permission from the land owner to plant a tree where the land owner wants it.
2. On the day of the run a tree will be planted and a stainless steel sign plate showing the date and details of the planting will be erected next to the tree.
3. A photo of the owner, run co-ordinator and tree will be taken for the webpage and will be included in the newsletter.
4. All the details including the GPS reference will be entered into the run logbook for the record.
5. Every tree will be sponsored by a member (at present only R30 per tree).

The committee can only but express the hope that this practice will endure and outlast the club and hopefully spread to other clubs and/or institutions.

SPREEUKLOOF

Die naweek uitstappie het op die regte noot begin deur die ontmoeting met `n rugbyheld van weleer.

Oud-springbok kaptein / Oud-professor / Kranige kok / Lekker geselskap / Rêrige mens

Die ou en karaktervolle opstal en slaapsale (*slaapstalle*) bied basiese maar gerieflike akkomodasie. Die huis bied jou die voorreg van slaap in `n;

voor - kamer wat uitkyk op die stoep
op - `n sagte dubbelbed
onder - `n warm donscombors
agter - jou maatjie se rug.

Die eerste kronkelpad op na en af vanaf Wildehondkop is `n baie lekker rit. Die uitsig van bo af gee bestaansreg aan die woord panorama. Die kapok wat slegs op die hopies beesmis sigbaar was was nogal opvallend (boer seker met f(v)riesbeeste). Die vrees van bruin spikkels daarin het die vorming van sneeuballe ontmoedig. Heel bo-op Wildehondkop is daar die (ongelukkig omgevalle) uitgekerfde klipgrafsteen van die hondjie ZinZan wat baie dekades gelede daar begrawe is.

Na die rit was die heerlike hoenderpastei vir middagete genoeg om die gedagte van `n middagslapie te laat ontstaan.

In die volgende roete en spesifiek die hoogtetjie bo in skadu van die berg was die pad na middagete nog nat en glad. Dit het die begrip van *so vinnig as wat nodig is* met mening illustreer. Heel bo was die wind vreeslik koud, of soos iemand gesê het “erdvark koud” (weet nou nog nie wat hy bedoel nie). Die afkom roete is baie duidelik “*Dozermade*”. Onthou net in `n outomatiese ratkas “*D is not for Down*”.

As daar nou wragtag `n ou van waarde is, is dit Dave. Hy het die aand vir almal gebraai en enige aanbod om hulp ewe “politely” met `n “no thanks” van die hand gewys. Na die braai is daar toe natuurlik weer tot laat gekuier en diep filosofiese gesprekke gevoer. Die profunditeit van die lewe is met *Bachiale* deeglikheid bespreek.

Die volgende oggend is ons deur `n smullekker en oorvloedige ontbyt ontmoet. Daar was van alles wat jy met ontbyt vereenselwig. Ek weet nie of Hannes kan drink nie, maar kos kan hy maak.

Hannes was ook gaaf genoeg om stegies van etlike van sy vetplante aan die vrouens af te staan. Meer as een tuin in Port Elizabeth bevat `n stukkie van Spreeukloof. Die klub het darem `n geelhoutboom geplant om op te maak.

Daar is met `n tikkie weemoed afskeid geneem. Hoop om weer te gaan.

KABOUGA MOUNAIN BIKE CHALLENGE

Die “Fat Tracks Mountain Bike Club” het saam met die jaarlikse Kirkwood Wildsfees ‘n resies aangebied waar van ons lede gehelp het met die bemanning van waterpunte en ‘n “sweep vehicle“

Dankie aan Hans Bester, Eugene van Heerden, David Wenzel en gesin en Henk Terblanche wat hulle tyd opgeoffer het om te help.

Accommodation was organized on a farm about 20 kilometers outside Kirkwood. We had the use of a tented camp next to a river. We had a relaxed braai Saturday evening before going to bed early as we were going to have an early start the Sunday morning. During the night the rain started, which made packing the Sunday morning a cold and wet affair. After we got the go ahead from the park rangers we were send of to our marshaling points. It soon became clear that it was going to be a muddy event.

The pointers and markers on route have been moved by animals, which made it a mission to find my marshaling point. Once there myself and Shaun set up the table and prepared the energy drinks for the riders. With the muddy conditions we had time to prepare a “lekker manne breakfast” before the first riders came past our point. The race was supposed to have been finished by 14h00, but the last riders only came past our 20 km marshaling point at 13h45.

Dit was nogal snaaks om te sien hoe die manne allerhande verskonings soek om nie verder te ry nie. Na heelwat stukkende fietse en tou opgooi, het die laaste ryer na vyf uur die middag klaar gemaak.

Weereens dankie aan ons klublede wat die koue, nat en modder getrotseer het om ons naam hoog te hou.

Johan Westraadt

Run Calender dates for 2007

18/19 August
21/22/23 September
20/21 October
1/4 November
1/2 December

Upcoming run : Rooinek- Patensie

Date: 18 – 19 August
Venue: Rooinek- Patensie
Total distance: +-180kms
Number of days: 2
Bring: Own food & beverages, nibbles for the drive and camping gear.
Facilities: Lapa sleep 6, hot water and flush toilets, electricity , camping on grass under thorn trees with separate braai places.
Trail: Grade 3-4 when dry,
Diff lock and recovery equipment essential.
Points of interest: The trail winds over the mountains close to the Kouga dam with spectacular views over Patansie valley.
Cost: 4x4 = R200.00 per vehicle on trail,
camping = R50.00 per per person
lapa sleep 6 = R500.00 per night for lapa.
Additional Info: Full weekend bookings can be arranged.
Bookings: Willie Malan 0828045770
Henk Terblanche 0823202488



SOUTHERN GET TOGETHER

OUTSHOORN

21st - 24th September 2007

The Main venue for this weekend is Bergoord Resort, situated 23k's outside Oudtshoorn, towards the Cango Caves.

www.cangomountainresort.co.za

Date: 21st to 24th September

Costs: Registration Fee: R40 payable by all entrants (*this is to cover all sundry costs*)

Camping: R90 per stand per night

Trail: R150 / R100

Saturday Dinner TBA

Requirements: A fun and healthy attitude and the normal camping gear. All activities to take place at the communal braai facilities

Route Descriptions:

Oude Muragie

Approximately 20k's from Bergoord Campsite.

The distance of the route is 13k's

Rating 2 – 4

Cost R150 (if less than ten vehicles)

R130 (if more than ten)

Rooi Rivier

Is situated 10k's outside De Rust past Stompdrift Dam?

The distance of the route is approximately 25k's

Rating 3

Cost R150

Steyl Drift

Approximately 14k's outside Oudtshoorn, on the Mossel Bay road

The distance of the route is to be established.

Grading 3

Cost R100

PLEASE NOTE: It estimated that each route should not take longer than 3 – 4 hours.

FWDCSA Socials

Please join us for a “Bring and Braai” at 18h00 for 18h30 on the 24th August 2007.

We will see you at Lont Park Sportclub in Ralston Drive, Fernglen where the fires will be lit for the occasion.

Please bring your own eating utensils, food and family.

We will have tables and chairs set out in the “braai” and bar area where you can “kuier”, play pool or darts, of sommer net lekker sit en skinder en leuns vertel.

Lots of room for the kids to play and kids DVD’s for the little ones.

Onhou om bietjie geld saam te bring vir die kontant kroeg en “lucky draw”

Contact Johan on 082 7709 077 for more info and bookings

Die Koolstofie - wat elke man moet weet

'n Vrou is soos 'n koolstoof: As jy goed na haar kyk, sal sy baie jare lank sorg dat daar lekker kos op jou tafel is.....

Nou vra jy my, hoekom juis 'n koolstoof? Die antwoord is eenvoudig, as jy net bietjie daarvoor dink. Kyk, om vuur te maak in 'n koolstoof, verg voorbereiding. Jy moet voor die tyd sorg dat daar papier en fyn houtjies is, dat daar lekker stompe is en dat die kole emmer vol is. Dan begin jy daai vuur van bo af aanpak. (Jy kon nog nooit 'n koolstoof van onder af aan die brand steek nie !). Die papier is soos briefies en versies en goed, en is die begin van die hele proses. Dan kom die fyn houtjies. Hierdie is die komplimente en klein dingetjies wat jy vir haar doen om die klein vuurtjie bietjie groter te blaas. Dan volg die hout. Dis wanneer jy begin geskenke en goed koop, laaste kom die kole, die GROOT WOORD, LIEFDE. Dis die ding wat sorg dat die vuur lank en warm sal brand. Jy pak ook nie sommer alles gelyk daarin nie, nee, jy begin met die papier en doen dinge so stap vir stap, en soos die een mooi brand, so pak jy die volgende laag by. En eers wanneer daai vuur goed brand, dan mag jy maar die deurtjie hier aan die onderkant oopmaak en met jou poker daar karring sodat die hitte goed kan afsak

En 'n koolstoof vat baie lank om af te koel ... As jy dit nie beseft nie, kan 'n man jou hande lelik verbrand ...

En moenie dink goed soos Blitz of alkohol is 'n goeie aansteker nie ! Jy sal wel so vinnige opwelling en hittedjie kry, maar gewaarborg, dit sal maar van korte duur wees.

Doen jy die ding nie reg nie, sal daai stoof tjouk en smoor en die hele huis sal naderhand vol rook wees tot pyn en lyding van almal. Maar doen jy dit reg, sal daar 'n gesellige rokie by die skoorsteen uittrek, 'n sekere sein vir almal dat daar hitte en gerief in daardie huis is. Daardie stoof word die middelpunt van die huishouding wat almal om haar saamtrek, wat sorg vir baie gesellige ure omgesels, wat warm maak as dit koud is en rotsvas staan waar sy staan.

Die ander ding wat 'n man moet verstaan, is dat die stoof gereeld skoongemaak moet word, en gewoonlik word dit gedoen deur iemand anders van die vroulike geslag wat sorg dat daar op gereelde basis van die as ontslae geraak word Daar is egter niks verkeerd daarmee Meneer, as jy ook gereeld gaan sit en luister as sy haar hart uitpraat en skoonmaak wat daarbinne opgegaar het nie. Dit sal net help dat die stoof beter brand. En dan natuurlik, so een keer 'n maand, moet die pype en goed skoongemaak word van die roet en goed, en dan is die stoof so bietjie buite werking. En dan is dit ook hoogs aanbeveelbaar dat jy nie gaan staan en karring nie

Sy kan natuurlik ook doen met bietjie spoeg en politoer, en daar moet gesorg word dat sy gereeld kry wat nodig is. 'n Gepolitoerde stoof LYK net soveel beter as 'n ou vaal, onversorgde ene. En meneer, as jy nou self so nou en dan bietjie olietjies in die hand neem, en dit mooi sagkens orals aanwend, later tot in die gleufies in, sal jy verbaas wees wat se verskil dit aan jou stofie maak .. Wees net versigtig dat jy dan nie 'n broodjie of twee of drie in die oondjie los nie, want dit sal sekerlik groei en uitdy tot 'n ryke seen ..

"n Man is soos 'n spiraalplaat hotplate: Draai net aan sy knop en hy is feitlik onmiddelik warm. Maar as die pot klaar gekook het, word hy weer net so vinnig koud ook

En sien jy ooit mense om hom vergader... ???

WANTED

I am looking for either a used Conquerer conquest or a Echo 4 trailer.
Contact William @ 083 270 4396

Te Koop / For Sale

1x 10 sleeper Cadac Sunseeker tent 4 sale.
Contact Swanie @ 0828225307

FOOD ON THE RUN!

Fresh Asparagus Quiche

INGREDIENTS

SHORT CUT PASTRY

500 ml SASKO CAKE FLOUR (300 G)

150 G butter

5 ml salt

±80 ml ice water to mix

FILLING

1 bunch of asparagus washed and trimmed or canned asparagus, drained

250 ml grated cheddar cheese (100 g)

250 ml fresh cream

3 extra large eggs

salt and pepper

METHOD

1. Sift flour into a mixing bowl, add salt and rub in the butter until mixture resembles breadcrumbs.
2. Add enough ice water to mix to a stiff dough.
3. Roll out pastry on a lightly floured surface to 5mm thick and line a 23 cm oven-proof pie plate.
4. Prick the base with a fork and place covered in the fridge for 30 minutes.
5. Bake blind* at 180° C for 10 –15 minutes until light golden brown. Remove the paper and beans and return to oven for a further 5 minutes.
6. Remove and cool. This pastry can also be made in a food processor.

FILLING

1. Place the cheddar cheese on the base of the cooked pastry case and arrange the asparagus spears over the surface.
2. Combine the cream, eggs and seasoning and pour into pastry case on top of cheese and asparagus.
3. Place in the oven and bake at 180° C for 30 – 40 minutes until cooked and puffed on top. Remove and cool slightly before slicing.
4. Serve warm or at room temperature.

* Baking Blind: Place a piece of nonstick baking paper on top of pastry and weigh it down with dry beans or rice. Bake at 180° C for 10 – 15 minutes until light golden brown. Do not use wax proof paper as the wax melts in the oven.

Code of Conduct : Members to abide by

- Be considerate and helpful to all
- Keep your vehicle mechanically sound
- Adhere to laws and regulations
- Obtain permission before entering private or state land
- Leave all gates as found
- Keep to roads and tracks
- Drive responsibly at all times
- Prevent soil erosion
- Respect wildlife, plants and trees
- Prevent fires at all times
- Safeguard water supplies
- Leave no litter
- Respect the right of others to peace and solitude

Runs Protocol

- Every driver to ensure they can see the following vehicle & always wait at turn-offs for the following vehicle.
- If and when you lose sight of the vehicle behind you - stop and wait for them to catch up again.
- Every following vehicle to endeavour to keep the leading vehicle in sight.
- Take note of who is leading and trailing you. If they disappear, inform run co-ordinators ASAP.
- Remain in the order in which you set out.
- Stops will be planned for the route, these to be adhered to.
- At obstacles, leave the vehicle in front of you sufficient room, enough to reverse if he needs to. When stopping on steep hills, bear the following vehicles in mind, which might have to pull away against that incline.

Members details (updated July 2007) : for use by members only.

LastName	FirstName	MobilePhone	continue...	LastName	FirstName	MobilePhone
Bergmann	Bennie	082-444-5656		Malan	Willie	082-804-5770
Bester	Hans	082 555 2754		McClelland	Braddon	082 461 6054
Bezuidenhout	Michael	082 372 8498		Naude	Willem	082 9301 396
Booyesen	Attie	083-451-1165		Pietschman	Thomas	082-371-2711
Botes	Bennett	083 996 9141		Postma	Adrienne	082-787-7598
Bouwer	Barry	082-657-4612		Potgieter	Nat	083-656-3771
Classen	Johan	082-576-5415		Reyneke	Braam	082-3219120
Corlett	John	084 4221565		Rocher	Pierre	082-873-9127
Crony	Winston	082-868-4240		Saunders	Ross	082-7701653
De Jager	James	082 778 9931		Saunders	Trevor	083-6615094
De Kock	Mike	825529195		Schoombie	Sarel	084-5829494
De Vos	Andre	083-2751792		Scott	Shane	082-6112581
Deyzel	Robbie	082-557-5761		Shaw	William	083 270 4396
Dreyer	Jasper	083-5876740		Smith	Freek	083-227-4125
Dreyer	Suzy	083-320-6007		Smith	Ivan	083-4592242
duToit	Barry	082-650 1629		Stapelberg	Frans	082-7736205
Dwyer	Kevin	082 5533 713		Stavast	Christiaan	083-455 7615
Ferreira	Kevin	082-3246200		Stock	Robin	082-9054738
Friend	George	082-7829816		Strydom	Deon	082 773 2224
Gouws	Ryno	082-800 9282		Swanepoel	John	082-822-5307
Gouws	Gavin	082 3737609		Terblanche	Henk	082-3202488
Grobler	Hannes	084-450-3679		Theron	Jacques	082-450-1999
Harth	Trevor	082-6599898		Theron	Riaan	082-653-0443
Hayes	Zane	082-774-8198		Van Den Berg	Sam	083 243 0386
Higgs	Aubrey	082-8001476		van Heerden	Eugene	082-4126918
Jenkinson	Dennis	834535743		Van Niekerk	Jan	082-573-1431
Joubert	Rosemary	083-218-6488		Van Niekerk	Maruis	082 955 3934
Kleyn	Gys	083 261 5474		Van Rooyen	Helgard	083-3603833
Leo	Wesley	082-6191750		Vlok	Anton	082-8890664
Louw	Andre	084-7046938		Vosloo	Derick	082-656-2999
Mackenzie	Dion			Wentzel	David	083 452 0822
Maarschalk	Henri	082 5004 901		Westraadt	Johan	082-770-9077
				Wiseman	Ronald	083-6567525