

BUSH TELEGRAPH

July 2007

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Hannes's Drum [Chairman's Report]

Hi everyone.

The main news is that the website is operational – www.fwdcsa.co.za/portelizabeth. A few technicalities still to be sorted out for which we are impatiently waiting is that our link be shown on the main page www.fwdcsa.co.za and that our photo gallery of which we have already submitted more than 40 pics, comes on line. All interesting stuff once it is functional – we need your input. Please send photos, stories, recipes etc etc – the more effort we put in, the more we can expect! Should you have any recommendations, please e-mail Braddon McClelland on computech@global.co.za. Braddon is our webmaster.

Great fun was once again had at Off Camber and great to see even some of the ladies enjoying it. We are currently talking to the Stella Londt Sports Club regarding a permanent base and facility for ourselves that will be able to cater for us during the week should our members so need. The main objective being socials, midweek gathering i.e. bring and braai with pub facilities. However, we are only investigating at this stage.

I am not going to be available for approximately four to six weeks due to some surgery being done so in the interim, Johan Westraadt will be acting chairman and please talk to him should you need any info.

Till next time, Hannes

Pierre Pressure [Club Captain & PRO]

Eish, what a lovely crisp winter we have this year. Hope all of you have your gloves and beanies ready for Spreeukloof.

We would like to wish Hannes all of the best with his recovery at home after his operation. Rika hope he is not driving you crazy? Hannes we hope the "recovery kit" you got comes in handy?

Just to remind all members to have their FWDCSA sticker for 2007 on their vehicles. If you have two vehicles please let me know, we will send you a second sticker for your additional vehicle.

And then it is that time of the year where lots of preparation is done for the Cape-Get-Together. We encourage you to join in this fun weekend and just relax. Please do your bookings early.

Hope all off you survive the winter.
Goodbye for now, Pierre

Letter

**FAT TACKS MOUNTAIN BIKE CLUB
P. O. BOX 2321
NORTH END
6056
12TH June 2007**

4 WHEEL DRIVE CLUB OF S.A. PORT ELIZABETH

RE : BAVIAANSKLOOF NATURE RESERVE MOUNTAIN BIKE CHALLENGE.

Dear Johan,

Just a short note to thank you and your fellow club members for the support given to us this past week end. Riders and organizers once again agreed that the event lived up to its name and were unanimous in their call for it to be held again next year. George, Knysna, Aberdeen, Graaff–Reinet, Jeffreys Bay, Addo, Uitenhage, East London, Plettenberg Bay, Johannesburg, Ugie and Cape Town were all represented and all are keen to take up “ The Challenge “ again next year. The riders again made mention of the excellent rapport between themselves and the marshals and we thank them for their enthusiasm and support. The manning and control of the marshalling / water points was done efficiently and effectively and the 4 Wheel Drive Club of S.A. must take some credit for the successful staging of this event.

We had a limit of 75 riders last year with 65 of them actually starting. This year we managed to persuade the authorities to up this number to 100 of which 85 made it to the start line. Some other statistics for your interest :

	<u>2006</u>	<u>2007</u>
No of ladies	11	16
Non finishers	2	11
Slowest time	11:34:42	11:42:41
Fastest time	6:37:56	6:09:11

P.S. A participating cyclist from the Western Cape made mention of your worthy fellows and wants to bring down hampers, containing amongst other, some fine wines from the region which he wants to hand over to the back up services of the race.

Looking forward to next year.....roll on 2008 !!!!!

Cheers for now, Errol Black
pp Fat Tracks Mountain Bike Club



CLUB EVENTS

Run Calender dates for 2007

28/29 July
18/19 August
21/22/23 September
20/21 October
1/4 November
1/2 December

Upcoming run : Spreeukloof

Date:	28-29 July
Venue:	Spreeukloof
Total distance:	+450kms
Number of days:	2
Bring:	Beverages and nibbles for the drive and camping gear.
Additional info:	Saturday lunch, supper and Sunday brunch will be served at R100.00 per head.
Facilities:	2 x dormitories with hot showers and flush toilets , farmhouse with two bedrooms and camp terrain
Trail:	Grade 2-3 when dry, Diff lock and recovery equipment essential.
Points of interest:	The trail winds over the highest mountain peaks on the farm with spectacular views over S-set East
Cost:	4x4 = R150.00 per vehicle on trail, Accommodation and camping = R50.00 per adult and R30.00 per child under 10.
Additional Info:	Full weekend bookings can be arranged.
Bookings:	Willie Malan 0828045770 Henk Terblanche 0823202488

Upcoming run : Rooinek- Patensie

Date:	18 – 19 August
Venue:	Rooinek- Patensie
Total distance:	+180kms
Number of days:	2
Bring:	Own food & beverages, nibbles for the drive and camping gear.
Facilities:	Lapa sleep 6, hot water and flush toilets, electricity , camping on grass under thorn trees with separate braai places.
Trail:	Grade 3-4 when dry, Diff lock and recovery equipment essential.
Points of interest:	The trail winds over the mountains close to the Kouga dam with spectacular views over Patansie valley.
Cost:	4x4 = R200.00 per vehicle on trail, camping = R50.00 per per person lapa sleep 6 = R500.00 per night for lapa.
Additional Info:	Full weekend bookings can be arranged.
Bookings:	Willie Malan 0828045770 Henk Terblanche 0823202488

SOUTHERN GET TOGETHER

OUDTSHOORN

21st – 24th September 2007

Hi P.E. members,
I have once again been asked for commitments from our side regarding attendance, Fleece lined jackets, Run participation and Braai participation. Maybe it is the cold weather that we have been experiencing but from our side the response has been extremely slow ! In all fairness, If we don't at least indicate our interest in ordering Fleece lined Jackets , which are not a necessity but would be a 'nice to have', we can't blame anyone but ourselves should we not be able to get.
Please R.S.V.P. Johan Wesraadt during my absence.
Regards Hannes



Dear All

The Southern Rally is drawing nearer. Thank you to those who have got an early response in, it is good to see that everyone is eager to repeat the success of last year.

I have attached some photo's for you all to look through, the fleeces look really good and we are hoping to get a sample pic of the t-shirts (will keep you posted).

We have the prices for the Catered Braai, Adults R75 & Children under 12 R30.

The following will be provided:
Chicken Kebabs, Sausage and Lamb
Potato Salad and Mixed Salad
Koeksisters

This is a great opportunity to sit around the braai and have someone else do the work – wonderful.

On that note I will sign off for now, please send us your RSVP's –
excitech@mweb.co.za (Johan Westraadt in my absence)

Regards
Southern Get-Together, Western Cape Committee

This is to give you a rough guideline as to what is planned.....



The Main venue for this weekend is Bergoord Resort, situated 23k's outside Oudtshoorn, towards the Cango Caves.

www.cangomountainresort.co.za

Date: 21st to 24th September

Costs: Registration Fee: R40 payable by all entrants (*this is to cover all sundry costs*)

Camping: R90 per stand per night

Trail: R150 / R100

Saturday Dinner TBA

Requirements: A fun and healthy attitude and the normal camping gear. All activities to take place at the communal braai facilities

Friday: Arrival - On arrival each entrant will receive 1 x's goodie bag, which will contain many surprises and an individual number – this number is to be retained throughout the weekend as there will be prize draws and other interesting things.

Fires will be going, giving everyone a chance to social over a beer.

Route Descriptions:

Oude Muragie

Approximately 20k's from Bergoord Campsite.

The distance of the route is 13k's

Rating 2 – 4

Cost R150 (if less than ten vehicles)

R130 (if more than ten)

Rooi Rivier

Is situated 10k's outside De Rust past Stompdrift Dam?

The distance of the route is approximately 25k's

Rating 3

Cost R150

Steyl Drift

Approximately 14k's outside Oudtshoorn, on the Mossel Bay road

The distance of the route is to be established.

Grading 3

Cost R100

PLEASE NOTE: It estimated that each route should not take longer than 3 – 4 hours.

Saturday:

Breakfast in own time
All cars participating on Routes will be leaving at 9h00 sharp, to start routes at 10h00

Remember to pack your lunch for midday snack.

All cars to be back in time for wine tasting at Cango Wines, Main Road Oudtshoorn! After the wine tasting, the convoy will proceed to Bergoord for a catered supper / braai, while enjoying a glass of wine or beer, guest speakers will entertain us. (It is strongly encouraged for all to RSVP to this as it will be fun)

Sunday:

Breakfast in own time

Potjiekos and bread baking competition to be started in the early hours in order for Potjies to be ready for judging by 13h00 / 14h00 by our independent judge! *(Please note that each region is required to feed their own members, and allow for a little extra for tasting by other regions & braais will be prepared in one central area)*

Fun and games will follow lunch; this will be done with your vehicle and other interesting medium.

As night draws near, Prize giving with sundowners around the fire.

Monday:

Breakfast in own time

Goodbye's and pack-up for the journey homeward

T-shirts and Fleece tops will be available on Pre-order.



FWDCSA Socials

Your attendance is required at the OASIS Entertainment Centre at 18h00 for 18h30 on 3 August 2007.

Purpose: **Tenpin Bowling**
 Karaoke
 Laughter
 Fun

For R60 / person you get 2 games of tenpin bowling, spot prizes and the occasional “spirited” penalties for gutter ball. The winning team (if we are more than 20) will receive a trophy as well as the highest lady and highest men total.

Special kids bowling alley available. (six years and up)

Light meals available (hamburgers, etc.)

Afterwards we can have fun singing karaoke.

Cash bar available

Contact Johan on 082 7709 077 for more info and bookings

Please join us for a “Bring and Braai” at 18h00 for 18h30 on the 24th August 2007.

We will see you at Lont Park Sportclub in Ralston Drive, Fernglen where the fires will be lit for the occasion.

Please bring your own eating utensils, food and family.

We will have tables and chairs set out in the “braai” and bar area where you can “kuier”, play pool or darts, of sommer net lekker sit en skinder en leuns vertel.

Lots of room for the kids to play and kids DVD’s for the little ones.

Onhou om bietjie geld saam te bring vir die kontant kroeg en “lucky draw”

Contact Johan on 082 7709 077 for more info and bookings

BAVIAANSKLOOF NATURE RESERVE MOUNTAIN BIKE CHALLENGE

Ek het nog nooit gesukkel om 'n rede te kry om Baviaanskloof toe te gaan nie, so, toe die Fat Tracks Mountain Bike Club ons weer nader om te help met die jaar se "challenge" was ek vuur en vlam.

Elders in die nuusbrieff is die bedankings brieff van Fat Tracks. Ek wil graag die volgende lede en hulle gesinne noem wat ons klub se naam hoog gehou het:

- Kevin Ferreira
- Robin Stock & Greg
- Ronald Wiseman
- William Shaw
- Johan Classen
- Bennett Botes
- Mike Bezuidenhout
- Willie Malan
- Braam Reyneke

Thank you very much for representing the club and positively advertising our club.

Myself and Mike left P.E. on the Friday afternoon and met up with Kevin, William and Bennette at Bergplaas. We all unpacked as a fire was made and tents were pitched for those worried about the snorers keeping them awake (or was that the "honeymoon tent"?)

With a bit of a storm coming up the braai activities were moved inside where we had a wonderful "kuier". Willie and Braam left P.E. early Friday and were sleeping somewhere close to Geelhoutbos. The rest of the members were expected on Saturday and Sunday.

Saturday morning we had a decent breakfast at our marshaling point as the cyclists moved through. We followed the last riders to Geelhoutbos before going back to Bergplaas. 'n Groot trop bokke het altwee aande om die huis by Bergplaas saam met ons oornag. Dit was nogal 'n belewenis om hulle so oral om ons te sien.

Sondag oggend het ons weer na 'n lekker ontbyt die laaste manne en vroue op hulle fietse die kloof uit gevolg tot by Heroncliff waar die eindstreep was vir hulle 140 kilometer "challenge". So het nog 'n naweek verby gegaan waar ons bevoorreg was om in die "Baviaans" te kuier.

Weereens dankie aan almal wat dit moontlik gemaak het.

Johan Westraadt



FOOD ON THE RUN!

Quick Beer Bread

INGREDIENTS

- 750 ml SASKO BRAN RICH SELF – RAISING FLOUR (450 G)
- 4 ml mixed dried herbs
- 45 ml sugar (40 g)
- 400 g can whole kernel corn, drained
- 340 ml can beer

METHOD

1. Sift flour and add herbs, sugar and corn.
2. Gradually add the beer mixing well to bring the dough together.
3. Turn into a greased 23 cm x 13 cm loaf pan and bake at 180° c for 60 minutes.
4. Cool for 5 minutes before turning out onto a cooling rack.

* This bread is best eaten soon after it is made.

We want to encourage everyone to send in his or her own trusted recipes & ideas. By sharing we all get new ideas to make LIFE ON THE RUN interesting.

Forward any recipes to me at: drocher@absamail.co.za

Daleen Rochér

Te Koop / For Sale

LANDCRUISER MODEL 60

- YEAR: 1988
- ENGINE: 4.2L PETROL
- MILEAGE: ~ 90 000 KM (genuine)
- COLOUR: WHITE
- ACCESSORIES:

Item:	Value:
LONG RANGE TANK – 190 LITRES	R 5000
BULL BAR	R4 000
SNORKEL	R4 000
REPLACEMENT BUMPER WITH REAR WHEEL CARRIER	R 10 000
OLD MAN EMU SUSPENSION (1 month old)	R13 000
ROOF RACK	R3 000
EEZI AWN ROOF TENT	R5 000
AWNING	R1 500
Sony Radio & Cassette with CD Shuttle	R4 000
Total:	R49 500

Price: R115 000 all included
CALL THOMAS under (082) 557 1862

Code of Conduct : Members to abide by

- Be considerate and helpful to all
- Keep your vehicle mechanically sound
- Adhere to laws and regulations
- Obtain permission before entering private or state land
- Leave all gates as found
- Keep to roads and tracks
- Drive responsibly at all times
- Prevent soil erosion
- Respect wildlife, plants and trees
- Prevent fires at all times
- Safeguard water supplies
- Leave no litter
- Respect the right of others to peace and solitude

Runs Protocol

- Every driver to ensure they can see the following vehicle & always wait at turn-offs for the following vehicle.
- If and when you lose sight of the vehicle behind you - stop and wait for them to catch up again.
- Every following vehicle to endeavour to keep the leading vehicle in sight.
- Take note of who is leading and trailing you. If they disappear, inform run co-ordinators ASAP.
- Remain in the order in which you set out.
- Stops will be planned for the route, these to be adhered to.
- At obstacles, leave the vehicle in front of you sufficient room, enough to reverse if he needs to. When stopping on steep hills, bear the following vehicles in mind, which might have to pull away against that incline.

Members details : for use by members only.

LastName	FirstName	MobilePhone	continue...	LastName	FirstName	MobilePhone
Bergmann	Bennie	082-444-5656		Malan	Willie	082-804-5770
Bester	Hans	082 555 2754		McClealand	Braddon	082 461 6054
Bezuidenhout	Michael	082 372 8498		Naude	Willem	082 9301 396
Booyesen	Attie	083-451-1165		Pietschman	Thomas	082-371-2711
Botes	Bennett	083 996 9141		Postma	Adrienne	082-787-7598
Bouwer	Barry	082-657-4612		Potgieter	Nat	083-656-3771
Classen	Johan	082-576-5415		Reyneke	Braam	082-3219120
Corlett	John	084 4221565		Rocher	Pierre	082-873-9127
Crony	Winston	082-868-4240		Saunders	Ross	082-7701653
De Jager	James	082 778 9931		Saunders	Trevor	083-6615094
De Kock	Mike	825529195		Schoombie	Sarel	084-5829494
De Vos	Andre	083-2751792		Scott	Shane	082-6112581
Deyzel	Robbie	082-557-5761		Shaw	William	083 270 4396
Dreyer	Jasper	083-5876740		Smith	Freek	083-227-4125
Dreyer	Suzy	083-320-6007		Smith	Ivan	083-4592242
duToit	Barry	082-650 1629		Stapelberg	Frans	082-7736205
Dwyer	Kevin	082 5533 713		Stavast	Christiaan	083-455 7615
Ferreira	Kevin	082-3246200		Stock	Robin	082-9054738
Friend	George	082-7829816		Strydom	Deon	082 773 2224
Gouws	Ryno	082-800 9282		Swanepoel	John	082-822-5307
Gouws	Gavin	082 3737609		Terblanche	Henk	082-3202488
Grobler	Hannes	084-450-3679		Theron	Jacques	082-450-1999
Harth	Trevor	082-6599898		Theron	Riaan	082-653-0443
Hayes	Zane	082-774-8198		Van Den Berg	Sam	083 243 0386
Higgs	Aubrey	082-8001476		van Heerden	Eugene	082-4126918
Jenkinson	Dennis	834535743		Van Niekerk	Jan	082-573-1431
Joubert	Rosemary	083-218-6488		Van Niekerk	Maruis	082 955 3934
Kleyn	Gys	083 261 5474		Van Rooyen	Helgard	083-3603833
Leo	Wesley	082-6191750		Vlok	Anton	082-8890664
Louw	Andre	084-7046938		Vosloo	Derick	082-656-2999
Mackenzie	Dion			Wentzel	David	083 452 0822
Maarschalk	Henri	082 5004 901		Westraadt	Johan	082-770-9077
				Wiseman	Ronald	083-6567525



The note on this Landy reads :

“ Is there a friendly cruiser standing by?” I’m tired of pushing my LANDY”