

BUSH TELEGRAPH

June 2007

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Hannes's Drum [Chairman's Report]

Well it would seem that at last Winter has set in with its most welcome rain although the freezing cold we can do without. Who would believe it that we would have an all-South African Super 14 Final - guess who I supported? :) - and especially so on the same day as our "Slagboom" run? However there was a good turnout and another successful event behind the back – see the run report.

Now the good news. Our website has been loaded and is about to become live! The website address is www.fwdcsa.co.za/portelizabeth. You will notice that it is pretty empty right now and we as members will now have to fill it up. We need photos, we need articles on recent trips that you have undertaken with photos, we need advertisers, we need you to market items that you want to sell, we need recipes, we need you to no longer sit on the sideline but to partake in this venture. We always hear members saying that they never see their vehicles in the pics section, well now you can only blame yourself. We have had a number of members offering financial assistance in order for the boekie to be brought back to life. The story is such – the boekie was, since its inception, basically been printed for almost free through our contacts in the Technikon – ie Sarel and then Gys. With the amalgamation of the Technikon and the University, this dept went beyond the reach of our contacts and the door has been closed. I have gone out to various printers and asked them for quotations to print the same. The quotations started at R22.00 each and ended at R45.00 each per month due to the limited amount that we require each month. You can imagine 80 books at R22.00 each per month equates to 21 thousand rand per annum – so if it were to be brought back, we will require a sponsor of approximately R15 000.00 per annum – can anyone help? We have heard some of our Mommy's saying that the manne don't print the e-mails that we are sending – so ladies, if you have an e-mail address, give it to me to put you on the database and if no, put some pressure on hubby! We will be posting 3 more bush telegraphs in the present form until such time as the web is fully functional. Please ensure that you notify us should you not receive it in the post and also please remember to continually update your address details.

The AAWDC has opened a web which I would really recommend you have a look at. Remember this is the umbrella association to which most 4x4 clubs, including ourselves, belong to. Their website is www.aadwc.org.za - here you will be able to be updated on issues regarding our progress with government regarding self-regulation, and other important issue. This month's Bush Telegraph will once again be e-mailed to you, excluding pictures that take too long to download on some members computers. These pictures will be viewed on the website once all fine tuning has been done.

You will have received my e-mail notifying everyone of the September "Cape get together" in Oudtshoorn – last years one proved to be a lot of fun so please notify us should you wish to attend.

The Sunday lunch this past weekend was well attended by a most relaxed and jovial crowd of people (approx 48). Thanks for attending and well done once again Johan for a job well done.

My last point is on the article in the Burger newspaper recently on a 33% tax on 4x4 vehicles. I have contacted AAWDC and await their answer.

I will be having surgery done to my neck on 20 June and thus will be out of action for some time – Johan Westrad , as vice-chairman will stand in for me during this time so please talk to him should you require any assistance. Thank you.

Enjoy your 4x4.

Till next time, **Hannes Grobler**

Social Feedback: 27/05/2007

I must admit that I had my doubts when arranging the Sunday lunch at Thatchwood Restaurant. Will we be able to get people who normally “braai en kuier” to sit down for “lekker - kook - kos”?

Die besprekings het stadig maar seker ingekom en ek moes die “deadline” vir besprekings met vyf dae aanskuif, maar aan die einde van die dag was ons twee en sestig volwassenes en kinders wat ‘n heerlike Sondag middag ete en ‘n goeie kuier geniet het. Die kos was heerlik en die geselskap goed - gaaf.

Thank you to every one who came to join us and made it a huge success.

Congratulations to Mabel, Ingrid, Bennett and Hanneltjie, the winners of the lucky draw. A special thanks to Pierre at Builders Express, Walker Drive for sponsoring the main prize.

For those who did not see their vehicles on the slide show that Willie organized, “julle moet asseblief vir ons foto’s stuur van julle voertuie en uitstappies.”

Compliments must also go to Christie from Thatchwoods who accommodated our changing guest list and her staff for their excellent service. For bookings you can contact her on 041-3792906. Jacky van Rensburg het haar baie goed van haar taak gekwyd deur rustige agtergrond musiek te verskaf met haar kitaarspel en sang. Kontak haar gerus op 082 3188 595 vir besprekings.

The next social will be a tenpin evening at The Oasis Tenpin Club in Linton Grange on 3 August 2007. Please make a note in your diaries and join in the fun.

‘n Land rover vol groete
Johan Westraad

SLAGBOOM - A PERSONAL VIEW

It was with some trepidation that I embarked on a weekend away with my grandson and his friend. My mates had deserted me. ***Ry jy in die veld, ons ry rugby toe.*** I need not have worried. The entire organization and atmosphere of the campsite, trails and of course the company very soon allayed my fears and contributed to a very enjoyable weekend. Thankfully no female accompanied the two boys and myself. The boys made the interior of a 3 x 3 meter tent look like the aftermath of a megaton explosion in a textile factory.

All the forebodings of rain and wind proved to be groundless. It is however to be doubted whether the wind would have any substantial adverse effect on the camp as it is all but surrounded by sheer sided hills (mountains?) in close proximity. The campsite is of the better type and spacious enough for the kids to run around and play ball. Being next to a river the camp lends itself to bass fishing, and was successfully exploited by Braam. Ryno's daughter Caitlin showed the boys a thing or two about playing with a ball and eventually joined the two youngsters in my vehicle. They did not really use the doors. They preferred to slither out and dive in through the open windows.

The trails we drove along were ***blerrie lekker.*** It was everything you can expect of a 4 x 4 trail. There were truly challenging and demanding obstacles, though not risky at all. To be met by cheers of "***yeahh oupa***", if you conquered an obstacle, made you feel, ***soos 'n man op 'n perd***, even if it elicited smiles from the onlookers. The mountaintops were high enough and the sky clear enough to give you a magnificent view. ***Jy kan verder sien as oorkant die straat.***

There were a couple of interesting spots and turns that can aptly be described as three wheelers and in particular one with an alarming tilt that evoked memories. The winding trail under the canopy is "***reminiscent of walks through a tropical garden***". The convoy was very ably managed and kept together with Willie Malan in front and Henk Terblanche bringing up the rear.

The entire experience was enhanced by the ***gemoedelike*** atmosphere and of course very pleasant conversation that prevailed during the evening braai.

My heart felt thanks to Zelda for the cough medication that ensured some night rest.

Groetnis
Net Net Op Sy Sy

CLUB EVENTS

Run Calender dates for 2007

9/10 June
28/29 July
18/19 August
21/22/23 September
20/21 October
1/4 November
1/2 December

Upcoming run : Offcamber adventures

Date : 9-10 June
Venue: Offcamber adventures
Total Distance: +- 80 kms
Number of days: 1 (Sunday the 10th of June)
Bring: Food & beverages (lunchtime braai)

Facilities: The Base camp with pool, gazebo, green lawns, neat bathrooms & ablutions.
The bush camp with hot showers, neat toilets. kitchen facilities, boma , gazebo

Trail: Grade 3-4 when dry +- 4 hours, low range diff lock and recovery equipment essential.

Points of interest: The farm offers game viewing, bass fishing, 4x4 trails quad biking and so more.

Cost: 4x4 = R150.00/ vehicle
Basecamp = R 50.00 / adult, R30.00/
Kids under 10 and R0.00/kids under 6
Bushcamp = R35.00 per person straight

Additional info: Full weekend stay can be individually booked.
Bookings: Willie Malan 0828045770
Henk Terblanche 0823202488

Upcoming run : Spreeukloof

Date:	28-29 July
Venue:	Spreeukloof
Total distance:	+450kms
Number of days:	2
Bring:	Beverages and nibbles for the drive and camping gear.
Additional info:	Saturday lunch, supper and Sunday brunch will be served at R100.00 per head.
Facilities:	2 x dormitories with hot showers and flush toilets , farmhouse with two bedrooms and camp terrain
Trail:	Grade 2-3 when dry, Diff lock and recovery equipment essential.
Points of interest:	The trail winds over the highest mountain peaks on the farm with spectacular views over S-set East
Cost:	4x4 = R150.00 per vehicle on trail, Accommodation and camping = R50.00 per adult and R30.00 per child under 10.
Additional Info:	Full weekend bookings can be arranged.
Bookings:	Willie Malan 0828045770 Henk Terblanche 0823202488

Upcoming run : Rooinek- Patensie

Date:	18 – 19 August
Venue:	Rooinek- Patensie
Total distance:	+180kms
Number of days:	2
Bring:	Own food & beverages, nibbles for the drive and camping gear.
Facilities:	Lapa sleep 6, hot water and flush toilets, electricity , camping on grass under thorn trees with separate braai places.
Trail:	Grade 3-4 when dry, Diff lock and recovery equipment essential.
Points of interest:	The trail winds over the mountains close to the Kouga dam with spectacular views over Patensie valley.
Cost:	4x4 = R200.00 per vehicle on trail, camping = R50.00 per per person lapa sleep 6 = R500.00 per night for lapa.
Additional Info:	Full weekend bookings can be arranged.
Bookings:	Willie Malan 0828045770 Henk Terblanche 0823202488

SOUTHERN GET TOGETHER
OUDTSHOORN
21st - 24th September 2007

Dear Members,

The Western Cape are Hosting this years 'Southern Get together' in Oudtshoorn. For those of us who attended last years one will certainly remember what good fun we had and therefore we strongly recommend that as many as possible attend this years event.

Those present at last years rally will notice that there is an unexpected change in venue. Western Cape has taken it upon themselves(Despite their mandate for Kleinplaasie) to change the Venue away from Kleinplaasie in Oudtshoorn to Cango Resort 20km from Oudtshoorn on the Cango Caves road.The reason for this was that their members had had a number of complaints about the venue and therefore something better was to be found. I must be honest that having visited the new venue myself I am of the opinion that Kleinplaasie was a far better choice ie more shade and facilities etc(visit www.cangomountainresort.co.za) however that is all history now and we must start preparing now already as much organising lies ahead.

You will notice that by looking at the Programme below that the preparation has already started and indeed looks to be very exiting, something not to be missed I'm sure. We would like you to commit your attendance by latest 15 June in order that the necessary reservations can be made. I would ask you to do it sooner please before it slips out of your mind . Please confirm by email or fax 0414844559

Last year the Port Elizabeth attendees were by far the majority and we would really like to have an even bigger representation as really, the Camaraderie amongst so many 4x4 enthusiasts is something to be experienced. Great fun is for certain .

Kind regards,
Hannes.

This is to give you a rough guideline as to what is planned.....

The Main venue for this weekend is Bergoord Resort, situated 23k's outside Oudtshoorn, towards the Cango Caves.

Date: 21st to 24th September

Costs: Registration Fee: R40 payable by all entrants (*this is to cover all sundry costs*)

Camping: R90 per stand per night

Trail: R150 / R100

Saturday Dinner TBA

Requirements: A fun and healthy attitude and the normal camping gear. All activities to take place at the communal braai facilities

Friday: Arrival - On arrival each entrant will receive 1 x's goodie bag, which will contain many surprises and an individual number – this number is to be retained throughout the weekend as there will be prize draws and other interesting things.

Fires will be going, giving everyone a chance to social over a beer.

Route Descriptions:

Oude Muragie

Approximately 20k's from Bergoord Campsite.

The distance of the route is 13k's

Rating 2 – 4

Cost R150 (if less than ten vehicles)

R130 (if more than ten)

Rooi Rivier

Is situated 10k's outside De Rust past Stompdrift Dam?

The distance of the route is approximately 25k's

Rating 3

Cost R150

Steyl Drift

Approximately 14k's outside Oudtshoorn, on the Mossel Bay road

The distance of the route is to be established.

Grading 3

Cost R100

PLEASE NOTE: It estimated that each route should not take longer than 3 – 4 hours.

Saturday:

Breakfast in own time

All cars participating on Routes will be leaving at 9h00 sharp, to start routes at 10h00

Remember to pack your lunch for midday snack.

All cars to be back in time for wine tasting at Cango Wines, Main Road Oudtshoorn! After the wine tasting, the convoy will proceed to Bergoord for a catered supper / braai, while enjoying a glass of wine or beer, guest speakers will entertain us. (It is strongly encouraged for all to RSVP to this as it will be fun)

Sunday:

Breakfast in own time

Potjiekos and bread baking competition to be started in the early hours in order for Potjies to be ready for judging by 13h00 / 14h00 by our independent judge! *(Please note that each region is required to feed their own members, and allow for a little extra for tasting by other regions & braais will be prepared in one central area)*

Fun and games will follow lunch; this will be done with your vehicle and other interesting medium.

As night draws near, Prize giving with sundowners around the fire.

Monday:

Breakfast in own time

Goodbye's and pack-up for the journey homeward

We are really looking forward to what promises to be a fantastic weekend, we will be forwarding further details to all concerned closer to the date.

T-shirts and Fleece tops will be available on Pre-order; will be forwarding a sample picture shortly to all regions.

Best regards

Southern Get-Together, Western Cape Committee

VW Rally

Last request for members to get involved and assist with marching for the VW Rally.

Good day

God willing, the VW rally is due to take place 2007/07/20-1 and I would like to do some administrative tasks asap.

VERGADERING/MEETING

Wanneer/When : Maandag/Monday 2007/06/18

Tyd/Time : 18h30 for 19h00

Waar/Where : Rhoneplekstraat 6, Lorraine

AGENDA :

- 1. MSA Vorms**
- 2. Rally teams confirmation :**
- 3.**

It is compulsory for all marshals to attend this meeting so that I can draw up a list of the teams for the upcoming Rally committee meeting/s.

Thanx & God bless

Willie Zietsman
IMA Chiefmarshal
Sel No : 083 655 0191
E-pos : wmlc@absamail.co.za

FOOD ON THE RUN!

Flageolet-vinaigrette (Witboontjieslaai)

Lewer 4 porsie

1 x 410 g-blik klein wit boontjies
3 – 4 preie of eie, in dun skyfies gesny
1 groot stingel tafelseldery, in skyfies gesny
½ groen of rooi soetrissie, ontpit en gekap
100 ml (½k) gekapte pietersielie
10 ml (2t) suiker
2 tamaties
60 g (2 vuurhoutjiedosies) fetakaas
6-8 swart olywe

Slaaisous:

15 ml (3t) canola of olyfolie
30 ml (2e) suurlemoensap
5 ml (1t) gedroogde orego
½ groente-aftrekselblokkie of 10 ml (2t) aftrekselpoeier
1 knoffelhuisie
25 ml (½k) kookwater

1. Meng al die bestandele vir die slaaisous.
2. Mikrogolf die boontjies 2 minute in 'n glasbak op hoog.
3. Voeg die slaaisous by die boontjies en meng liggies met 'n vurk, maar moenie die boontjies stukkend roer nie.
4. Voeg die preie (of uie), soetrissie, pietersielie en suiker by die boontjiemengsel. Meng liggies.
5. Bedek en verkil minstens 2 uur of oornag.
6. Geur die boontjieslaai net voor opdiening met sout en peper, indien nodig.
7. Skep uit op 'n groot, plat dienbord. Rangskik dik tamatieskywe rondom die hoop boontjieslaai en krummel die fetakaas oor die boontjies.
8. Om af te rond, rangskik 'n paar olywe op die slaai.

We want to encourage everyone to send in his or her own trusted recipes & ideas. By sharing we all get new ideas to make LIFE ON THE RUN interesting.

Forward any recipes to me at: drocher@absamail.co.za

Daleen Rochér

STRESS DIET

This is a specially formulated diet designed to help **WOMEN** cope with the stress that builds during the day

BREAKFAST

- 1 Grapefruit
- 1 slice whole-wheat toast
- 1 cup skim milk

LUNCH

- 1 small portion lean, steamed chicken with a cup of spinach
- 1 cup herbal tea
- 1 Bar One

AFTERNOON TEA

- The rest of the Bar Ones in the bag
- 1 tub of Gino Ginelli ice cream with chocolate topping

DINNER

- 4 bottles of wine (red or white)
- 2 loaves garlic bread
- 1 family size Supreme pizza
- 3 snickers bars

LATE NIGHT SNACK

- 1 whole Woolworth's cheesecake (eaten directly from the freezer)

REMEMBER: "stressed" spelled backwards is "desserts"

Hormone Hostage knows that there are days in the month when all a man has to do is open his mouth and he takes his life in his own hands! This is a handy guide that should be as common as a driver's license in the wallet of every husband, boyfriend, or significant other!

DANGEROUS:	SAFER:	SAFEST:	ULTRA SAFE:
What's for dinner?	Can I help you with dinner?	Where would you like to go for dinner?	Here, have some chocolate.
Are you wearing that?	Wow, you sure look good in brown!	WOW! Look at you!	Here, have some chocolate
What are you so worked up about?	Could we be overreacting?	Here's my pay.	Here, have some chocolate.
Should you be eating that?	You know, there are a lot of apples left.	Can I get you a glass of wine with that?	Here, have some chocolate.
What did you DO all day?	I hope you didn't over-do it today.	I've always loved you in that robe!	Here, have some more chocolate.

RADIO PROCEDURES

1. Why do we require radio procedures?
 - a) To standardize in order for us all to talk the same language.
 - b) To introduce a framework within which we communicate in an orderly fashion.

2. Our route protocol is “as slow as possible, but as fast as necessary” – the opposite applies to radio i.e. “as fast as possible, but as slow as necessary. Why?”
 - a) Avoid congestion for instructional or emergency purposes.
 - b) Avoid drawn out social chats.
 - c) Use appropriate language as wives and children are listening in.

3. Salient points to remember.
 - a) When you call someone – use his name first i.e. wake up call.
 - b) From then on answer each other using your name first until the communication is over.
 - c) During a communication use the word “over” when finishing a sentence and awaiting a reply – it tells the other users that your conversation is not over yet.
 - d) When ending a communication, use the word “out” for other users to know that you are now finished and they can proceed.
 - e) Always wait approximately 2 seconds before answering during a communication in case someone else has to break in with an emergency.
 - f) Avoid lengthy descriptive conversations – you are blocking the airwaves.
 - g) Avoid group discussions – they always land up in chaos with buzzing as one person talks over another.

Te Koop / For Sale

Te Koop / For Sale

Green 1991 Isuzu KB 260 LE 4x4 Single Cab. “Die Plaasbakkie” For what offers?

Wanted / Gevra

Double Cab Petrol / Diesel, with Fuel consumption \pm 10km/L. For what do you want? (Under R100 000)

Phone/Bel: Gys Kleyn: 083 261 5474 / 041 3600927(h)

Code of Conduct : Members to abide by

- Be considerate and helpful to all
- Keep your vehicle mechanically sound
- Adhere to laws and regulations
- Obtain permission before entering private or state land
- Leave all gates as found
- Keep to roads and tracks
- Drive responsibly at all times
- Prevent soil erosion
- Respect wildlife, plants and trees
- Prevent fires at all times
- Safeguard water supplies
- Leave no litter
- Respect the right of others to peace and solitude

Runs Protocol

- Every driver to ensure they can see the following vehicle & always wait at turn-offs for the following vehicle.
- If and when you lose sight of the vehicle behind you - stop and wait for them to catch up again.
- Every following vehicle to endeavour to keep the leading vehicle in sight.
- Take note of who is leading and trailing you. If they disappear, inform run co-ordinators ASAP.
- Remain in the order in which you set out.
- Stops will be planned for the route, these to be adhered to.
- At obstacles, leave the vehicle in front of you sufficient room, enough to reverse if he needs to. When stopping on steep hills, bear the following vehicles in mind, which might have to pull away against that incline.

Members details : for use by members.

LastName	FirstName	MobilePhone
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