

# BUSH TELEGRAPH

**March 2008**

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## Disclaimer

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## **Chair's Report**

**February 2008**

Wel daar is dit nou, die nuwe jaar is voluit aan die gang. Al die nuwe skoolskoene het al 'n dowwe punt of twee en die helfte van die kersgeskenke is al stukkend gespeel.

The first run of the year were at Brakke duine and was a huge success. Thank you to every one who made it a great outing. The A.G.M. went without any hick-up. Congratulations to Gys who were appointed as driver trainer and Ingrid as social co-ordinator.

Die info vir die volgende paar uitstappies sal op die web-tuiste wees en ons eerste "social" vir die jaar is die gholff dag op 1 Maart. U word almal hartlik uitgenooi om betrokke te raak, dit was 'n fees laasjaar.

I had the privilege to accompany the run co-ordinators on a recent recce and had the most amazing time. We did a 1000km round trip over three day's and it made me realize again how we tend to take things for granted. Without letting out too much I can say that we saw some spectacular places which I'm sure will form part of future runs.

En, o ja, moenie met plakkies in die bos rondloop as daar skerpioene is nie, hulle maak jou seer. Kontak my gerus met voorstelle en maak seker julle plekke is bespreek by al die aksies wat beplan word. Help ons om 2008 'n groot jaar te maak

Johan Westraadt  
0827709077

# Chair's Report

March 2008

If you missed out on the Golf day, you can have a look on the web-site at the photos. It was a brilliant day and every body enjoyed loads of fun and delicious food. If I use how dirty our kids were afterwards as a measure of the day's success, we can't complain.

## Sonder die volgende borge sou ons dit nie kon regkry nie:

Arnschell Hydraulics cc  
Barristers Security Group  
Bouwer Collins Insurance Brokers cc  
Besters Attorneys  
Cerafix Engineering

L.A. Sport  
Jan Weyers – Momentum  
4x4 Mega World  
Duncan Manufacturing  
CKS

## En asof dit nie genoeg is nie het die volgende mense ons nog van pryse ook voorsien:

Builders Express Walmer  
4x4 Mega World  
Gardens Photo Shop  
Jan Weyers – Momentum

P.G. Bison  
Truckmall  
Sasol Buffelsfontein Road

A huge thank you to all our sponsors, we do appreciate your contributions.

I'll be attending the National AGM in George towards the end of March and will report back on that in April. In the meantime we need your assistance with the following:

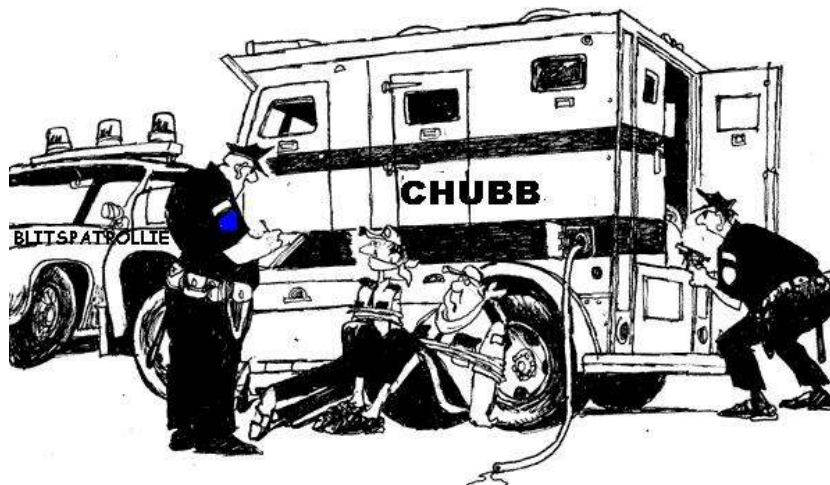
Oosterland Run: we can never have enough people's help, please contact Henk and Rhode Terblanche  
The two mountain bike challenges coming up later in the year, you can contact myself for more info

Newsletter & Web-site: we need more report backs, photo's, and info from our members

General: any member who would like to get more involved with any aspect of the club can contact any of the committee members, the club is after all about our members

Happy Easter to all and for those travelling during the school holiday's, enjoy and save travelling.

Johan Westraadt  
0827709077



Nee, hulle het al die geld gelos, net die petrol uitgesuig!

## General notices

### Lus vir 200km roete deur Longmore plantasie op Sat 22 Maart ?

Ter voorbereiding vir "Off Road " wedren vlg maand wil organiseerders graag so veel moontlik voertuie deur roete laat ry aangesien roete jare laas gery is.

Geen ernstige 4x4 en alle bome en klippe is reeds verwyder.

Pragtige ongerepte natuurskoon.

Kontak Selwyn Robinson 0832263789 indien belangstel .

## LETTERS

Ek wil julle net bedank en laat weet dat ek en my familie die outing by Brakkeduine baie geniet het. Dit was baie goed georganiseerd en veilig.

Soos julle weet was hierdie ons eerste 4x4 outing maar beslis nie die laaste nie. Die lede in julle club is baie vriendelik en behulpsaam selfs teenoor iemand wat hulle vir die eerste keer ontmoet het. Ons was gehelp om die tent op te slaan, my bande is afgeblaas tot die korrekte druk en dit alles deur mense wat ek nog nooit vantevore geken het nie.

Self toe ons tent deur die wind geskeur is wou ons nie huis toe gaan nie en dit oorweeg om in die Sani te slaap ,maar ongelukkig met 'n 2 jaar oud (stout) seuntjie sou dit moeilik wees.

Ons sien baie uit na die volgende outing.

Baie Dankie  
Edwan(Groen Sani)

PS Ek moes lankal by julle club aangesluit het.

To the Chairman - SAFWD.

I would like to thank you and your club on so many levels for the weekend experience at Boeta Jordaan.

Firstly to allow us, as guests, to join your group for the weekend outing.

Secondly for the hospitality and camaraderie afforded us at the campsite and during the drive.

Thirdly, and most importantly, to the team of helpers, especially Mike, that assisted us when my vehicle's fan belts broke on the trail and caused so much mayhem. What with changing belts, push starting the car, using jumper cables to start the car.....I could go on and on, but I'd better stop.

It's a very lonely feeling when your car packs in, for whatever the reason, even if it is a poor maintenance issue. And believe me, it doesn't help cursing the OE dealership, whilst you're stranded, they aren't there to help. But we didn't feel lonely for very long and I appreciate that tremendously.

In case I get invited again, sometime, I would like to let you know that I now am getting my vehicle serviced in Humansdorp as part of my corrective action and this should address one of your clubs foundations of using a well maintained vehicle. I hope so.

Once again thank you very much.

Malcolm Burrows

## RUN Feedback : Katot Meyer 4 X 4

My ervaring van 4 X 4 is redelik beperk siende dat dit maar my tweede trippie is. Ek moet eerlik wees, die gogga het reeds gebyt en sien alreeds uit na die volgende ervaring. Soos daar op 'n klip staan op die roete "Afrika is vir pioniers"

Ons almal se dag het reeds Vrydag vroeg begin en vir meeste van die ouens het die pak van al die toerusting en baie kos alreeds die vorige dag begin. Die lekker van Katot se roete is dat die ervaring alreeds begin net om die kampplek te soek. Rigting wysers is skaars en sports baie. Meeste van ons het die ou pad na die kampplek geneem en dit is waar die sports begin het. Sommige kon deur 'n modderpoeletjie ry en vir ander was die uitdaging te groot. As ek moet terug dink was sommige se voertuie dalk 'n bietjie oorlaai met al die nodige verversings vir die naweek, of daar was nog nie genoeg van die verversings geneem om te kan moed skeep om pioniers te kan wees nie.

Vinnig is kamp opgeslaan, vuur aangesteek en ietsie vir die dors en senuwees geneem. Daar het dit toe begin, die manne pak mekaar oor grote en tegniek. Dit kan mos nooit uit 'n man se geselskap uitbly nie. Die snaakste is dat dit nie oor die anatomie gaan nie, maar oor karre. Snaakse manne julle 4 x 4 manne. Ongelukkig vir die trip begin dit die Vrydag aand reën en dit reën en nogmaals reën.

Saterdag oggend begin met 'n lekker brekvis en weereens 'n gespoggerie oor wie s'n is die grootste, sterkste en wie het die beste tegniek. Op 'n kol het kleur ook ter sprake gekom. Nie lank nie of Katot val by ons in by die kamp. Sy voorstel is dat ons moet laaglê en die dag moet rus. Sommige wil oppak en met groot oortuiging word hulle vertel hulle is bang vir modder poeletjies en dat hulle tegniek nie reg is nie. Op hierdie stadium begin ek vermoed dat 4 x 4 gaan oor wie is die bangste en wie het die meeste moed. Niemand klim egter in 'n voertuig nie, so ek neem aan almal is bang. Die oggend bestaan uit eet, bier drink, swem en sit. Dit is toe dat die pionier in sekere van ons wakker word en terwyl die dames en kinders 'n stukkie rus besluit ons as ons nie kan ry nie moet ons maar 'n stukkie stap. Die pad is egter baie glad en almal stap knyp knyp of hulle 'n erge maagwerk het. Ek en Henk sien vroeg vroeg hier kom moeilikheid en besluit dit is beter om om te draai en 'n paar biere te drink. Ryno en Barry is dik van die Pioniers bloed en pak die wandeling aan vol moed. Twee uur later begin die bier nie meer lekker smaak nie en ek begin bekommerd raak oor die kollegas. Ek het egter vergeet een is gebou vir spoed en die ander een het baie torque. Barry het so 2.6 Kilometer gestap en Ryno het 30 kilometer gestap. Ek sien toe 4 x 4 voertuie en hulle base is maar swaar op die petrol en die tenke is weer vinnig vol gemaak met 'n rum en coke en 'n bier of twee. Die weer wil nog steeds nie beter raak nie, almal kyk in die lug op en almal is weer kenners. Orals word blou lug gesien, maar dit wil nie ophou reën nie. Katot val weer die kamp in en hy is ook 'n weer kenner. Na 'n aand van wie sin is die grootste, sterkste is, en lekker eet, kruip ons in die bed. Nie lank aan die slaap nie of ek skrik wakker. Dit klink of ons uit al die rigtings aangeval word, takke klap, neuse word geblaas, daar is 'n harde poep. Ek lê doodstil en dink die einde is naby. Kort voor lank hoor ons Henk het net 'n ou sinus aanval en al die pille in die tent was op en die res was in die bakkie. Ek dink nog steeds hy was bang vir die leeus, daarom al die lawaai.

Sondag word ons wakker en dit is 'n pragtige dag. Almal is opgetrek om in die voertuie te kom. Skaars 'n kilometer op die roete en ek besef ek waaroor die geraas gaan. Die veld is pragtig, die roete toets die bestuurders en ons kon nie vir 'n beter dag vra nie. Kort voor lank is ons by die eerste speelplek. Twee van die ouens het groter goeters en hulle jaag deur die ou dippie in die pad. Barry maak dit nie die eerste keer nie en ook nie die tweede keer nie. Ek begin sien hoekom 'n ou courage moet hê vir die game, want ek begin giggel van die senuwees en Barry se been begin spring. Maar hy is nie bang nie en ons is deur. Ryno is glad bang nie, stamp 'n boompie met sy jis en jaag eerste keer deur die driffie in die pad. Henk het natuurlik nie die grote nie en beroep hom op tegniek en is heel gemaklik deur die makliker roete. Ek en Barry is so opgepomp van die adrenalien ons sien nie 'n gat in die pad nie. In die gat straf 'n klip ons, en 'n tyre klim so effens van die rim af. Die lek is klein en ons ry aan. Op 'n plek kom ons by so 'n effense skuinstetjie waar een van julle kollegas sy voertuig omgegooi het. Almal neem foto's en bespreek sy tegniek. Niemand het sy grote bespreek nie. Verder af in die pad kan Barry nie bestuur nie, en hy raak die pad byster. Almal klim uit, die grotes bou pad en die kinders swem. Klaar pad gebou en weereens lekker geëet sit ons die tog voort. Bo op die berg is daar 'n gelyktetjie en ons besluit nou is die tyd om die band reg te maak. Die band word opgepomp en met 'n groot geknal klim hy op die rim. Ek hop soos ek skrik. Terug in die kar word daar na my en my onderbroek se welstand oor die radio verneem. Manne, ek moet bieg, ek het nie 'n onderbroek aangehad nie en ek het maar baie vinnig gekyk of daar nie iets teen my been afloop nie.

Die res van die trip het sonder voorval verloop. Almal het die natuurskoon geweldig geniet en vir 'n paar uur is vergeet van die rat race.

Terug in die kamp is vinnig opgepak want dit is vir die meeste nog 'n lang trip huis toe. As ek kan opsom het ek die naweek geweldig geniet, die ouens van die klub is wonderlike ambassadeurs, vriende en laat nuwe ouens baie vinnig welkom voel. Baie dankie vir 'n wonderlike naweek en geniet die volgende een. As ek kan afsluit. As ek moet kies tussen grote of tegniek, kies ek die Ma op die trip. Niks laat haar onderkry nie.

Groete  
Sakkie Basson

## Upcoming RUNS

**18 April : Slagboom**  
**17 May : Gonjah**

## RUN INFO : Slagboom

We're planning a boy's outing for April 2008 at Slagboom. It's open for the whole family and not just for the men as before. Unfortunately the kids will have preference on the Saturday trip, but please all join. It's an event you will not regret.

### **OOSTERLAND BOYS RUN (SLAGBOOM ADDO)**

The farm belongs to farmers Boetie and Boy Whittle and is situated virtually in the centre of the new portion of the Addo Park in the Zuurberg Mountains. The farm offers camping on the riverbank at Langman, camping on riverbank at Police camp as well as the Nuushout chalet and a self-catering guesthouse for the cold nights. We will use the facility at Langman which offers hot showers and flush toilets.

The 4x4 trails on this farm are an absolute must to do due to the scenery as they wind over mountains and through valleys and will in some occasions require some good driver skills.

<b>Where</b>	Slagboom
<b>Nearest town</b>	Addo 30kms
<b>Total distance</b>	250kms round
<b>When</b>	18 – 20 April 2008
<b>Departures</b>	Convoy leaves at 13h00 Friday, 18 April 2008 from Steers in Algoa Park.
<b>Run cost</b>	R150-00/ vehicle
<b>Accommodation</b>	Camping @ Langman: NO COST FOR CAMPSITE
<b>Provide For</b>	Own food, drinks for weekend
<b>Trail Grading</b>	Grade 3 to 4, Recovery equipment and low range essential,
<b>Final Word</b>	This has become an annual event for our club. Previous years it was once a year, but this year we're planning two trips (beginning of the year for the boys and later the girls). Members being involved with the event knows how much the kids enjoy the outing. Many thanks to those who helped us in the past with time, sponsors, entertainment, etc. Please help again.
<b>Book with</b>	Willie Malan                      0828045770 Henk Terblanche                0823202488

## **RUN INFO : Gonjah 4x4 trail**

Hi fellow club members. Info for our run to be held at Gonjah in May. This trail winds over hills and through valleys with the most spectacular views of the Patensie farming communities and with a bit of loose rockwork, it promises to be fairly challenging in some places...  
The farm offers camping in a valley under indigenous trees and also a chalet.

<b>Where</b>	Gonja, Moos se kloof
<b>Nearest town</b>	Patensie
<b>Total distance</b>	+ - 250 km in total
<b>When</b>	17 May 2008
<b>Departures</b>	Convoy leaves at 07h00am Saturday from Macro onramp
<b>Run cost</b>	R150.00 / vehicle on trail
<b>Camping facilities</b>	Flush toilets / donkey shower Camping under indigenous trees in valley.
<b>Camping Cost</b>	R35.00 per person per night Kids under 12 = half price
<b>Chalet</b>	Self catering sleeps 6/ Water and electricity/ hot showers
<b>Cost for chalet</b>	R300.00 for 2 per night..... 4 people and more = R100.00 pp/night
<b>Provide For</b>	Drinks and nibbles for the run All meals until Sunday (if you planning to camp)
<b>Trail Grading</b>	3 – 4 Diff lock and recovery equipment essential
<b>INFO</b>	It's planned as a day run, but the camping facilities are available for the weekend (please make prior arrangements with the run co-ordinators if you wish to camp).
<b>Book with</b>	Willie Malan                      0828045770 Henk Terblanche                0823202488

**NB: ALL VEHICLES MUST HAVE OWN FIRST AID KITS AND BASIC RECOVERY EQUIPMENT**

## **EXTRAS**

**An Irishman, a Mexican and a Blonde Guy** were doing construction work on scaffolding on the 20 th floor of a building.

They were eating lunch and the Irishman said, "Corned beef and cabbage! If I get corned beef and cabbage one more time for lunch, I'm going to jump off this building." The Mexican opened his lunch box and exclaimed, "Burritos again! If I get Burritos one more time I'm going to jump off, too." The blonde opened his lunch and said, " Polony again! If I get a polony sandwich one more time, I'm jumping too."

The next day, the Irishman opened his lunch box, saw corned beef and cabbage, and jumped to his death. The Mexican opened his lunch, saw a Burritos, and jumped, too. The blonde guy opened his lunch, saw the polony and jumped to his death as well.

At the funeral, the Irishman's wife was weeping. She said, "If I'd known how really tired he was of corned beef and cabbage, I never would have given it to him again!" The Mexican's wife also wept and said, "I could have given him tacos or enchiladas! I didn't realize he hated Burritos so much."

Everyone turned and stared at the blonde's wife. The blonde's wife said, "Don't look at me. He makes his own lunch"

# FOOD ON THE RUN!

## HOENDER-BILTONG-EN-SPEKPOTJIE

6 – 8 PORSIES

### SOUS

2 hoenderaftrekselblokkies  
250ml (1k) kookwater  
500ml (2k) droë witwyn  
250ml (1k) blatjang  
46g sampioensop poeier (1 pakkie)  
5ml (1t) gedroogde tiemie  
5ml (1t) gemengde gedroogde kruie  
5ml(1t) suurlemoenpeper

### HOENDERGEREG

15ml (1e) olyfolie  
15ml (1e) botter  
12 hoenderdye, ontvel indien verkies  
250g spekvleis gekap (1 pakkie)  
50ml Brandewyn  
10ml (2t) gekapte knoffel – opsioneel  
2 uie, in ringe gesny  
½ groen soetrissie, grof gekap  
1 selderystingel, in dun ringe gesny  
20 klein aartappeltjies, geskil  
4 wortels in skywe gesny  
12 heel klein uitjies  
250g knopiesampioene  
8 murgpampoentjies, in dik skywe gesny  
150g klam beesbiltong, gekerf  
250ml (1k) gerasperde cheddar kaas  
125ml (½ k) vars gekapte pietersielie

### METODE – SOUS

1. Los die aftrekselblokkies in die kookwater op. Meng die res van die bestandele vir die sous en voeg dit by. Hou die sous eenkant.

### HOENDERGEREG

2. Verhit die botter en olie oor matige hitte.
3. Verbruin die hoender in die gesmelte botter en olie.
4. Voeg die spekvleis by en sorteer dit 3 minute lank.
5. Voeg die brandewyn en knoffel by.
6. Roer dit deur en moet daarna nie weer roer nie.
7. Strooi die uie, soetrissie en seldery oor die hoender en plaas daarna die aartappel en wortels bo-op.
8. Giet die sous oor.
9. Plaas die deksel op en laat dit vir 1 uur lank prut.
10. Voeg kookwater by indien nodig.
11. Wanneer dit gaar is, hou dit bedek en prut nog 20 minute lank.
12. Roer dit net voor bediening en strooi pietersielie oor.

**We want to encourage everyone to send in his or her own trusted recipes & ideas. By sharing we all get new ideas to make LIFE ON THE RUN interesting.**

Forward any recipes to me at: [drocher@absamail.co.za](mailto:drocher@absamail.co.za)

Daleen Rochér

**Code of Conduct : Members to abide by**

- Be considerate and helpful to all
- Keep your vehicle mechanically sound
- Adhere to laws and regulations
- Obtain permission before entering private or state land
- Leave all gates as found
- Keep to roads and tracks
- Drive responsibly at all times
- Prevent soil erosion
- Respect wildlife, plants and trees
- Prevent fires at all times
- Safeguard water supplies
- Leave no litter
- Respect the right of others to peace and solitude

**Runs Protocol**

- Every driver to ensure they can see the following vehicle & always wait at turn-offs for the following vehicle.
- If and when you lose sight of the vehicle behind you - stop and wait for them to catch up again.
- Every following vehicle to endeavour to keep the leading vehicle in sight.
- Take note of who is leading and trailing you. If they disappear, inform run co-ordinators ASAP.
- Remain in the order in which you set out.
- Stops will be planned for the route, these to be adhered to.
- At obstacles, leave the vehicle in front of you sufficient room, enough to reverse if he needs to. When stopping on steep hills, bear the following vehicles in mind, which might have to pull away against that incline.

**Members details (NOT updated) : for use by members only.**

<b>LastName</b>	<b>FirstName</b>	<b>MobilePhone</b>		<b>LastName</b>	<b>FirstName</b>	<b>MobilePhone</b>
Bergmann	Bennie	082-444-5656	continue...	McClealand	Braddon	082 461 6054
Bester	Hans	082 555 2754		Pieters	Dawie	
Bezuidenhout	Michael	082 372 8498		Naude	Willem	082 9301 396
Booyesen	Attie	083-451-1165		Pietschman	Thomas	082-371-2711
Botes	Bennett	083 996 9141		Postma	Adrienne	082-787-7598
Bouwer	Barry	082-657-4612		Potgieter	Nat	083-656-3771
Burchardt	Thomas	0825571862		Reyneke	Braam	082-3219120
Classen	Johan	082-576-5415		Rocher	Pierre	082-873-9127
Corlett	John	084 4221565		Saunders	Ross	082-7701653
Crony	Winston	082-868-4240		Saunders	Trevor	083-6615094
De Jager	James	082 778 9931		Schoombie	Sarel	084-5829494
De Kock	Mike	825529195		Scott	Shane	082-6112581
De Vos	Andre	083-2751792		Shaw	William	083 270 4396
Deyzel	Robbie	082-557-5761		Smart	Gordon	
Dreyer	Jasper	0823701557		Smith	Freek	083-227-4125
Dreyer	Suzy	083-320-6007		Smith	Ivan	083-4592242
duToit	Tertius	0836266332		Stapelberg	Frans	082-7736205
duToit	Barry	082-650 1629		Stavast	Christiaan	083-455 7615
Dwyer	Kevin	082 5533 713		Stock	Robin	082-9054738
Ferreira	Kevin	082-3246200		Strydom	Deon	082 773 2224
Futter	Graham	0833072125		Swanepoel	John	082-822-5307
Friend	George	082-7829816		Terblanche	Henk	082-3202488
Gouws	Ryno	082-800 9282		Theron	Jacques	082-450-1999
Gouws	Gavin	082 3737609		Theron	Riaan	082-653-0443
Grobler	Hannes	084-450-3679		Van Den Berg	Sam	083 243 0386
Harth	Trevor	082-6599898		van Heerden	Eugene	082-4126918
Hayes	Zane	082-774-8198		Van Niekerk	Jan	082-573-1431
Higgs	Aubrey	082-8001476		Van Niekerk	Maruis	082 955 3934
Jenkinson	Dennis	834535743		Van Rooyen	Helgard	083-3603833
Joubert	Rosemary	083-218-6488		Vlok	Anton	082-8890664
Kleyn	Gys	083 261 5474		Vosloo	Derick	082-656-2999
Leo	Wesley	082-6191750		Wentzel	David	083 452 0822
Louw	Andre	084-7046938		Wepener	Hennie	0828078343
Mackenzie	Dion	0834540629		Westraadt	Johan	082-770-9077
Maarschalk	Henri	082 5004 901		Wiseman	Ronald	083-6567525
Malan	Willie	082-804-5770				